**Learn on Your Own**

**Day 1: God Cares about Me**

Review the video for this session.

[A picture containing person, indoor

Description automatically generated](https://tv-vod.faithlifecdn.com/assets/11990673/master.m3u8?key=DNJCwll2R4&sig=9d99n1GTh0vMqVh7AcUleKjvJL9LYt2Eij9ifXLIU6Y)

**Engage**

Read [2 Kings 20:1–11](https://ref.ly/logosref/Bible.2Ki20.1-11).

**Consider**

Most people don’t get the opportunity to get their life in order before they die. While hearing of his impending early death was bad news, Hezekiah had the chance to set his priorities. That’s a good thing. God cares about our priorities.

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| **QUESTION**  What would your priorities be if you knew you only had a certain amount of time to live? |

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| **QUESTION**  How do those priorities reflect what God cares about? |

**Reflect**

God’s announcement to Hezekiah forced him to think deeply about his life—what he valued and what he regretted.

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| **QUESTION**  What do you think God cares about most in your life? What makes you think that? |

**Activate**

Take time to care for someone with a need. It may be doing something tangible for them, such as cooking a meal, helping them with a project, mowing their lawn, running an errand, etc.

**Pray**

Father God, I thank You for caring about me and bringing me to this point of growth in my life. Help me to live the rest of my life with greater purpose. Help me to show people Your care for them in big and small ways. Amen.

**Learn on Your Own**

**Day 2: He Knew Me When?**

**Engage**

Read [Psalm 139:1–6](https://ref.ly/logosref/Bible.Ps139.1-6).

**Consider**

This is one of the most personal of all the psalms. In these six verses, God tells you He knows you personally—your heart, feelings, thoughts, words, actions, and destiny.

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| **QUESTION**  What specific ways does God know us according to this passage? |

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| **QUESTION**  What does God know about you that you wish other people in your life knew too? |

**Reflect**

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| **QUESTION**  How does it make you feel knowing God knows you deeply and notices every little thing about you? Secure, loved, intimidated, nervous, or some other feeling? |

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| **QUESTION**  How does being aware that God knows everything you think, say, and do affect your relationship with Him and others? |

**Activate**

List some things God knows about you that others may not. Talk to God about how you feel about Him knowing you in each of these ways.

**Pray**

All-knowing God, thank You for not only caring about me, but for truly knowing me and still loving me unconditionally. Help me to know and love You with the same unconditional devotion. As [Psalm 139:5](https://ref.ly/logosref/Bible.Ps139.5) says, I ask You to place Your hand on my head and bless me. Help me to then be a blessing to others. Amen.

**Learn on Your Own**

**Day 3: Always There**

**Engage**

Read [Psalm 139:7–12](https://ref.ly/logosref/Bible.Ps139.7-12).

**Consider**

God not only knows you inside and out, but He is also with you wherever you go. Think about that: The God you follow also follows you! Isn’t that amazing?

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| **QUESTION**  What do you think about knowing God goes with you everywhere? |

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| **QUESTION**  How should knowing God goes with you everywhere show you how much He cares about you? |

**Reflect**

Love and accountability go hand in hand. Let God’s constant presence deepen your respect for His holiness. Allow His care for you to bring you comfort from His fatherly heart.

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| **QUESTION**  When have you experienced comfort in God’s presence? |

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| **QUESTION**  When have you felt God was with you in a questionable situation, and you needed to be accountable to Him for your actions? |

**Activate**

Look through your calendar or think about the next week and all the places you go. This may include classes, practices, a friend’s house, etc. Then invite God to go with you to each place. Ask Him to help you always be aware of His presence in your life.

**Pray**

Ever-present God, thank You for always being with me. Grow my awareness of Your presence daily. Let Your presence spill over into my conversations with others. I also pray that all Your followers will walk with You as if You are right there with them. In Jesus’ name. Amen.

**Learn on Your Own**

**Day 4: He Knew Me Where?**

**Engage**

Read [Psalm 139:13–18](https://ref.ly/logosref/Bible.Ps139.13-18).

**Consider**

David, the writer of this Old Testament psalm, says God saw him in his mother’s womb. God saw David as an individual separate from his mom even before he was born. God sees each of us as individuals as well. He notices and cares about every moment of your life, from beginning to end. From conception to death, every life is sacred to Him.

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| **QUESTION**  What was God doing in our life before we were born? What does that tell you about your value to Him? |

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| **QUESTION**  According to these verses, what does God think of you? |

**Reflect**

Verse [16](https://ref.ly/logosref/Bible.Ps139.16) says every moment of every day of your life has already been recorded. Perhaps this is why the Psalmist said in verse [6](https://ref.ly/logosref/Bible.Ps139.6) that it’s impossible for him to understand it. Yet later in this psalm, he still invited God to influence his life (verses [23–24](https://ref.ly/logosref/Bible.Ps139.23-24)).

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| **QUESTION**  What are some ways you can learn to trust God with every moment of every day in your life? |

**Activate**

Verse [18](https://ref.ly/logosref/Bible.Ps139.18) tells us that when we wake, God is still with us. He never leaves. Each morning, do your best to acknowledge God. Start your day by telling Him things like, “Good morning, Father,” “I love You, and I’m glad You’re with me today,” or “Thank You for never leaving me.”

**Pray**

Lord God, thank You for caring enough about me to create me. I may not like everything about myself, but You made me and love me. According to [Psalm 139](https://ref.ly/logosref/Bible.Ps139), you think highly of me. I ask that Your thoughts of me influence my thought life. Heavenly Father, replace negative, sinful, and unhealthy thoughts I have with Your thoughts. Amen.

**Learn on Your Own**

**Day 5: Like Father, Like Son**

**Engage**

Read [Mark 2:13–17](https://ref.ly/logosref/Bible.Mk2.13-17).

**Consider**

Jesus invited Levi (also called Matthew) to follow Him. Later, Levi hosted a house party with a bunch of people from the neighborhood along with Jesus and His disciples. Levi associated with all kinds of people, including some morally questionable characters. Knowing that other people might not think it was appropriate, Jesus accepted Levi’s invitation and showed up anyway.

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| **QUESTION**  Why would Jesus risk His reputation by going to Levi’s home? |

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| **QUESTION**  How does Jesus’ response to the Pharisees in verse [17](https://ref.ly/logosref/Bible.Mk2.17) show His care for all people? |

**Reflect**

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| **QUESTION**  How do we show those who don’t know Jesus that we care about them without compromising our relationship with Him? |

**Activate**

Think of the people in your family and circle of friends who don’t have a relationship with God. Ask God to show you how best to care about them. He may lead you to pray for one, text another, and do something nice for someone else. Listen for the Holy Spirit’s leading and, like Levi, be willing to answer His call.

**Pray**

Lord, thank You for caring so much about me that You call me to follow You daily. I want to answer Your call, not just as a one-time commitment, but in my everyday life. Help me to follow Your example of caring for all people. Amen.